



Strengthening Families

Te Huarahi ki te
Whakapiripiri I Ngā Whānau

Strengthening Families works with and for whānau or families

Strengthening Families can help you to identify the stepping stones of a pathway forward for your whānau or family. Strengthening Families is a process. We bring everyone together, with you, around one table so everyone is clear about what support your whānau or family needs to thrive.

A pathway to support your whānau or family to thrive

We are free and voluntary. You get to choose to come on board with as many whānau or family members as you wish to support you on this pathway. We start with you identifying what is going well for you and what you need support with to change or improve. A key contact person will organise on your behalf. This will include meetings to address the multiple issues or concerns you might have.

Your voice is important

You choose where and when your Strengthening Families meetings are held. You also have a say in what will be discussed, who is at the table, and what you want to focus on. This means you don't have to repeat your story and you have control of the process.

Your Strengthening Families meeting

You will be contacted by a coordinator or key contact person who will walk alongside you throughout the process. The first meeting will be one where you talk about what is important for your whānau or family and what you want to achieve. Everyone around the table, including the community organisations and departments needed to address the specific needs of your whānau or family, will help develop a practical plan. This plan will be one that works for you. Follow-up meetings are held to keep everyone on track and record actions and results.

Strengthening Families

Strengthening Families has been in operation since 1997. It is run by community organisations. A number of government departments provide funding for it. Any department or organisation can refer to Strengthening Families. Whānau or families can also self-refer. There needs to be more than one issue to be addressed, with two or more departments or organisations involved. As well, there needs to be at least one child or young person (up to 18 years of age) affected.

For more information

You can get in touch with your local Strengthening Families coordinator (or key contact person) through any social or health organisation you are already dealing with, or you can contact them directly, either by business card (if one is attached to this information card), or, if no business card, via the website: strengtheningfamilies.govt.nz