Benefits of Strengthening Families

» Voluntary for families/whānau
» Strengths-based
» Outcomes-focused
» Respectful of tikanga Māori and cultural diversity
» Collaborative – families, agencies and communities working together

For more information

To discuss the role your agency can play in Strengthening Families, please contact your local Strengthening Families Co-ordinator.
Strengthening Families has been helping families/whānau get access to the services they need since 1997.

Strengthening Families not only helps families achieve better education, housing, health and social outcomes, it also benefits agencies in their core service delivery. Agencies can focus on their role knowing other issues are being addressed.

It is an example of what’s possible when we all work together for families.

Any agency can refer a family to Strengthening Families. Families/whānau can also self-refer.

Families direct the process. They determine what information is shared and which agencies attend. At the initial meeting, the family/whānau talks about its priorities, and the agencies explain how they can assist.

The family/whānau and agencies then work together to develop an action plan that reflects the family’s priorities and includes a timeframe for action.

Periodic review meetings are held to ensure the action plan is working.

**Strengthening Families has a heart**

At the heart of the Strengthening Families process is a family/whānau having trouble coping with life’s challenges. It’s a family/whānau with strengths, but it also has issues that require the involvement of multiple agencies.

Strengthening Families brings together the family and all the agencies that have a part to play in helping the family/whānau achieve its desired outcomes.

By having everyone in the room at the same time, the family only has to tell its story once.